

Friends of Medford Rowing (FOMR)

Board Meeting

March 9, 2021 Via Zoom

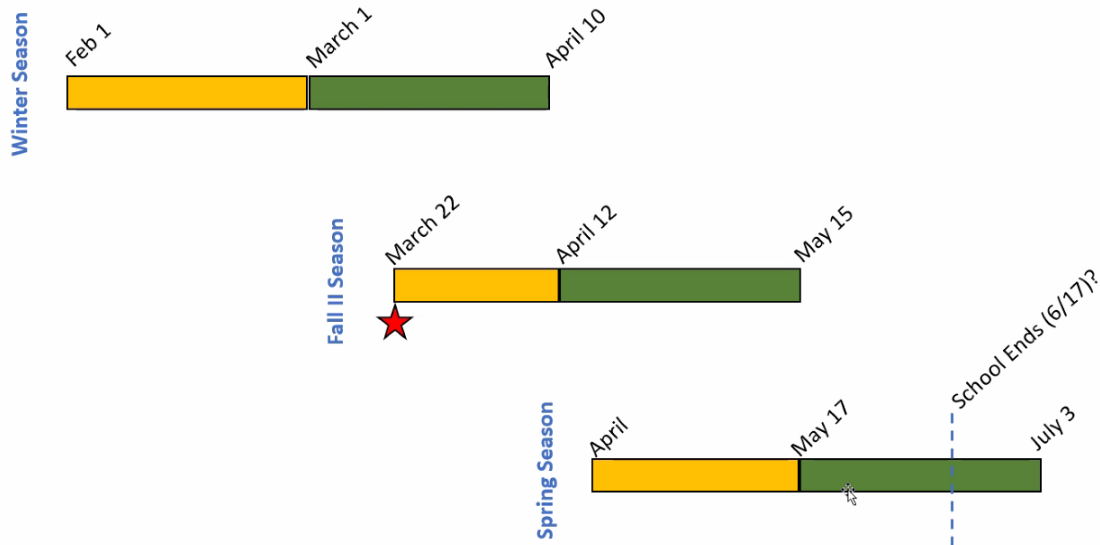
1. Updates:

- President - Chris DesAutels
 - Posting placed on R2K for new assistant coach by Coach Aaron
 - Bobby Maloney posting for 2 assistant coaches through MIAA and MHS
 - 2-3 (very promising) candidates so far for the Assistant Coach position
 - Important to note the pay so that expectations are not mismatched
- Treasurer - Elaine
 - 2 deposits:
 - \$30 Amazon Smiles program
 - ~\$400 Venmo cash out
 - Current balance: **\$18,471**
- Survey Updated - Mark
 - Survey results at end of Meeting Minutes

2. New Business:

- Season Update
 - We have been told by Dir of Athletics (Bobby Maloney) that we can start conditioning March 22.
 - Mandatory meeting March 19 at MHS "Cafe 2" at 2:45PM to review protocols for Crew
 - Spring Season registrations are not open yet
 - Coaches will reach out to Dir of Athletics to determine status of Rowing for Spring sports
 - Fall II Sports
 - Anyone in Fall II won't be able to join Rowing until May 15
 - Winter sports do not present similar conflict
 - Any students that are already registered for Fall II, the only updates that are needed are related to updating their physical exams (if past 1-year)
- Students need to:
 - Ensure that they renew US rowing memberships
 - Bring in signed Permission slips for COVID testing
- Rowing is potentially being treated as 2 separate seasons: Fall II + Spring
 - Coaches are committed to coaching the team into middle of June

- Regardless of State-related competition and regattas, we should plan on competitions with local programs (Malden, Somerville/Everett, ...)
- School board voted 7-0 to waive Athletic Fees for 2020-2021
- Swim Tests
 - Will require coordination with MHS Pool (to avoid crowding)
 - Would only apply to novice rowers



- Safety Measures & Procedures for Medford High School (MHS) and Hormel Boatyard
 - Main principles
 - Sign into log
 - Wear a mask
 - Get tested
 - Maintain distancing
 - Cohort Plan (based on US Rowing recommendations)
 - Could have 5 - 6 members where a member could stay home or pursue individual training in order to balance things out (not including coxswain)
 - Coaches and Students must maintain communication in order to optimize time on the water, training, etc.
 - Coaches will need to address the need for assigning coxswain for each boat among cohorts
 - Boats may have mixed gender
 - Assignments will be based on registrations
 - We could be flexible about having Training outside
 - Initial plan for novices will require Erg Training as soon as possible
 - Coaches may arrange to relocate rowing machines to Hormel boat yard
 - Main goal will be to get on the water as soon as early April

- Need to reconcile which boats are available
 - Based on coxswain facing rowers (stern-loader) vs. opposite rowers (bow-loader)
 - Will need to assign specific headsets to coxswain to take home
 - May need a strategy for coxswain --- i.e. wear face shield for extra precaution



- Boatyard Dock
 - Tentatively scheduled for March 27
 - Backup date: March 28
- Upcoming Informational Meetings (Students and Parents)
 - Coaches & Athletes: Scheduled for March 19 @ 2:45pm(Cafeteria 2)
 - Parents: Tentatively scheduled for March 23 @ 6:30pm
- Dedication of new Boat "Galvin"
 - Date TBD

3. Survey Results: Spring 2021 Rowing Participation

The Board received **37** responses to the survey we have potentially 24-26 rowers for both training and competition (without conflicts)... ~15 girls, ~10 boys

	#	Gr 12	Gr 11	Gr 10	Gr 9	Fall II	Train + compete in Spring Rowing		Indoor Erg Training			Outdoor Practices	
							wait + see	yes	no	yes, but ...	yes	yes, but ...	yes
F	23	7	4	5	6	2-3	7	16	1	8	14	5	18
M	14	3	6	1	4	4	4	10	0	6	8	5	9

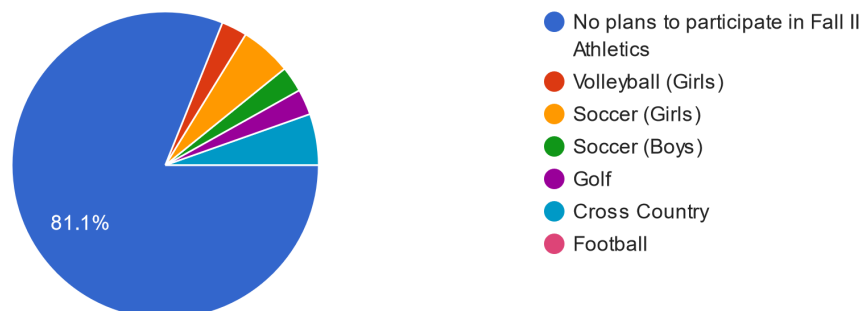
Here are some of the raw results:

Question re: Fall II Athletics

- only 7 out of 37 said they have a Fall II Sports “conflict” >> **30 overall kids without a conflict**

Does your child intend to participate in Medford Fall II Athletics? (March 1 - May 15)? If yes, which sport?

37 responses

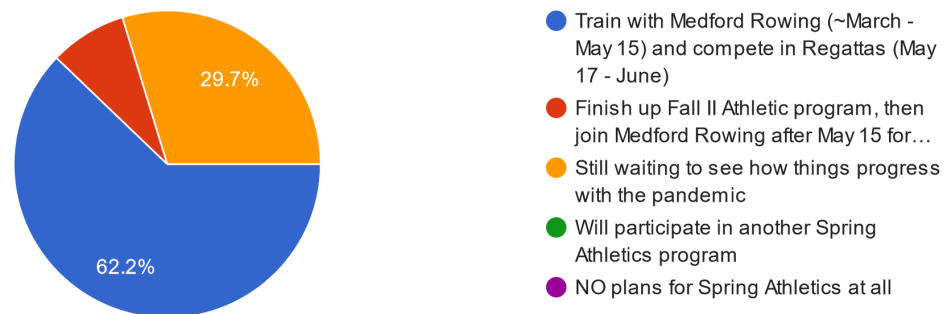


Question re: Plans for Spring Sports

- **11** still waiting to see how things progress with pandemic including:
- **23** want to train with Medford Rowing including

Regardless of your child's plans for Fall II Athletics (described above), what best describes your plans for Spring 2021 Medford Athletics?

37 responses

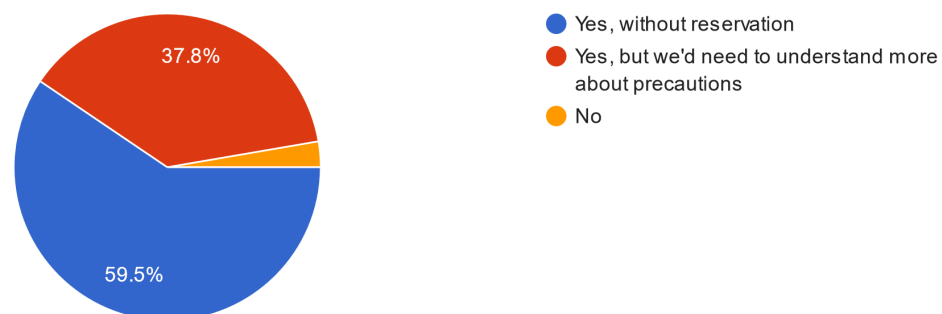


Question re: Indoor Erg Training participation

- **1** said No
- **14** said "Yes, but need to learn more"
- **22** said "Yes, no concerns"

If Medford Rowing organizes INDOOR erg training sessions (~March thru May), with safety protocols in place (distancing, masks, clean machin...), would your child be interested in participating?

37 responses

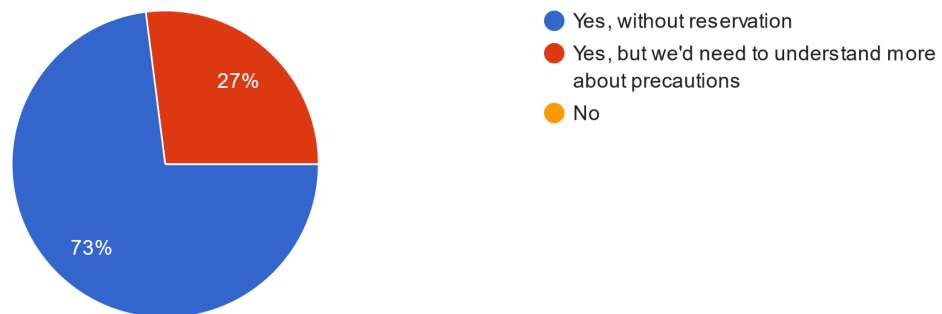


Question re: Outdoor Training & Practice participation

- **10** said “Yes, but need to learn more”
- **27** said “Yes, no concerns”

If Medford Rowing organizes OUTDOOR training / practice, with safety protocols in place (distancing, masks, clean boats, designated cohorts..., would your child be interested in participating?

37 responses

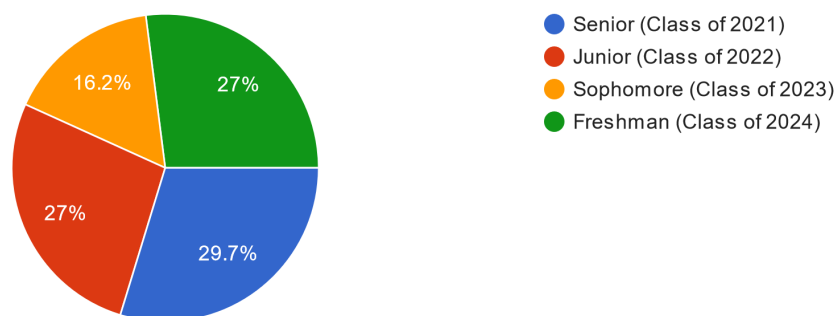


Summary of Respondents:

CLASS MAKE-UP: (out of 37 responses)

Class

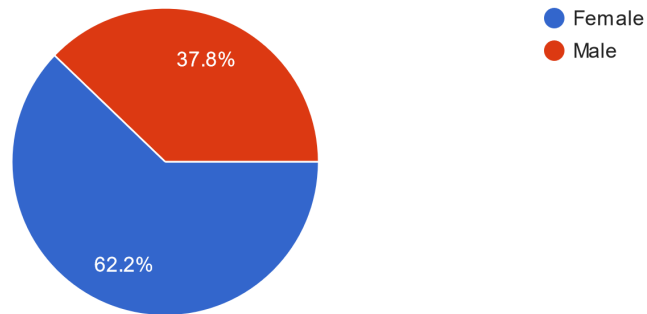
37 responses



GENDER Breakdown:

Gender

37 responses



ROWING Experience:

Select the option that best describes your rowing experience

37 responses

